



# SUGAR SMART CITY: What's happened so far?

December 2015 – March 2016

## Primary schools

**30** held a **sugar assembly** and promoted the SUGAR SMART challenge




**7** have had **cooking lessons** for parents



Brighton & Hove **FOOD Partnership**

**24** have achieved the **healthy choice AWARD** for their **Breakfast Club**



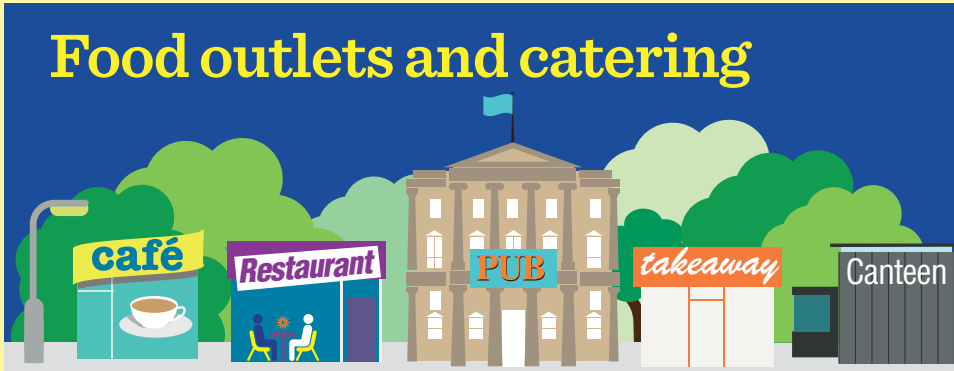

**26** primary schools have signed up to the **Jamie Oliver's kitchen garden project**



**Eden** have **reduced sugar in school meals**



**2** events have been held to help schools take a whole school approach to Food Education

**150** food outlets been in contact and **70** of these are making **one or more** SUGAR SMART Commitments, including:

**59** are promoting **free drinking water**



**13** are **altering recipes to contain less sugar**



**24** are using pricing and promotions to influence healthier choices, such as adopting the **CHILDREN'S HEALTH FUND** levy



**7** have trained catering staff to raise knowledge about healthier catering



**29** are offering **healthier options**



**14** are reducing **soft drink portion sizes**



**14** promoting **SUGAR SMART** to customers




We're also starting work across the city in venues, sport and leisure settings, hospitals, secondary schools, colleges and universities.



Keep up to date at [www.brighton-hove.gov.uk/sugarsmart](http://www.brighton-hove.gov.uk/sugarsmart)

## Spotlight on action

**Sussex County Cricket Club**



**Raising awareness:** Adding a 20p levy to the cost of sugary drinks with funds raised going to the Sussex Cricket Foundation

**Changing the food environment:** Introducing healthy and low sugar children's lunch packs

**Educating:** Promoting SUGAR SMART messages during school Match Visits



